Tuesday, January 12th
Focus: Pray that you will live out of your comfort zone, even as God calls you to take leaps of faith. Take the risk!
Key Scriptures: Luke 5:4-6; John 21:6-8

Wednesday, January 13th
Focus: Pray that God will give you a spirit of self-control; trusting that when you're tempted, God will provide you with a way out and the ability to stand firm in God.
Key Scriptures: 2nd Peter 1:5-7; Titus 2:11-12; Galatians 5:22-23

Thursday, January 14th
Focus: Pray for persons and families who have experienced grief during this pandemic. The loss of life during and because of Covid-19, has been unbearable and unusual, but we keep them in prayer.
Key Scriptures: Psalm 55:22; Psalm 48:14; John 16:33; Matthew 25:40-45

Friday, January 15th
Focus: If you are a parent/grandparent/guardian, take time out to today to say a prayer for your children/grandchildren. Your posterity (offspring) depends on you, and your prayers for their protection, peace, and promotion in life.
Key Scriptures: Genesis 13:15-16; Isaiah 61:9; Isaiah 54:13

Saturday, January 16th
Focus: You're almost at the end of this journey! Today allow your prayers and thoughts to be centered on discernment. In 2021 pray that God would give you a better spirit of discernment and ability to know the voice of the divine and the voice of distractions.
Key Scriptures: 1st John 4:1; Philippians 1:9-10; Hebrews 4:12; 1st Corinthians 2:14

Sunday, January 17th
Focus: WELL DONE! You have completed two weeks of fasting and prayer. As we bring this journey to a close for this last session whatever is on your heart to pray for, you can pray for that.
Key Scriptures: 1st John 5:14-16; Job 22:27; Mark 11:24; Psalm 141:2

LIVING WATER BAPTIST CHURCH
2021 CHURCH-WIDE FAST

Monday, January 4th – Sunday, January 17th
6am-12pm or 12pm- 6pm

INSTRUCTIONS

Week 1 (January 4th- 10th)
No Fried Foods, Fast Foods, Sweets or Soft Drinks

Week 2 (January 11th- 17th)
Eat Whatever You Desire/ Only Drink Water

What is fasting?
Biblically, fasting is abstaining from food, drink, sleep, or sex to focus on a period of spiritual growth. Specifically, we humbly deny something of the flesh to glorify God, enhance our spirit, and go deeper in our prayer life. Fasting is a way to demonstrate to God and to ourselves that we are serious about our relationship with Him. Although fasting in Scripture is almost always a fasting from food, there are other ways to fast. Anything you can temporarily give up in order to better focus on God can be considered a fast.

What is Prayer?
Prayer is our direct line with heaven. Prayer is a communication process that allows us to talk to God! He wants us to communicate with Him, like a person-to-person phone call. Mahatma Gandhi stated, *"Prayer is not asking. It is a longing of the soul…it is better in prayer to have a heart without words than words without a heart."*

Monday, January 4th
Focus: Take a moment to reflect over 2020. As we bring the year to a close, begin to think on all that has taken place both good and bad. Write down those things that you have reflected upon and once you have done as such, pray a prayer of thanksgiving for those things.
Key Scriptures: 1st Thessalonians 5:16-18; Romans 8:28; Proverbs 27:19; Ecclesiastes 3:1-22

Tuesday, January 5th
Focus: Today, take a moment to pray for first responders. As we continue to deal with this global pandemic, there are those who have battled this virus first hand and there have been those who have been making sure that there has been some type of normalcy to life. We pray for their protection, safety, mental stability, and more.
Key Scriptures: Peter 4:11; Colossians 1:3; Isaiah 54:17

Wednesday, January 6th
Focus: On this day, we take the time to write down our goals and vision for 2021. What are some of the areas in your life that need to be changed? What are some of the things that need to be released? Where do you want God to take you? What are you willing to do for God in 2021?
Key Scriptures: Jeremiah 29:11; Colossians 3:2; Habakkuk 2:2-3

Thursday, January 7th
Focus: Pray for our world and its leaders, environment, and people. Pray that the people of this world would understand the need for equality, justice and equity in all aspects.
Key Scriptures: 2nd Chronicles 7:14; Psalm 27:13; John 16:33; Matthew 25:40-45

Friday, January 8th
Focus: Take today to seriously pray for your church and the leadership God has placed there. Pray for your Pastor! Pray that they will be able to hear from God and receive direction and instruction for the people of God and pray for their strength, mind, and balance of ministry/personal life. Pray that vision of this year (Reimagining Ministry) is carried out in such a way that transformation is visible and vocal!
Key Scriptures: Romans 12:4-8; Psalm 32:8; Jeremiah 3:15; Ephesians 4:11-12

Saturday, January 9th
Focus: Pray for PEACE!
Key Scriptures: Colossians 3:15; Isaiah 26:3; John 14:27

Sunday, January 10th
Focus: Your mental health is important! Mental illness can affect any of us. It does not matter who you are; what you have obtained in life; or where you are, the suspected struggle of mental illness should not be a source of shame or be kept hidden. After you have prayed, seek professional help! **It is perfectly fine to be saved and have a therapist.**
Key Scriptures: Proverbs 11:14; Mark 9:14-29

Monday, January 11th
Focus: Servanthood is a dying discipline in the church. You can't consider yourself to be a Christian, if you are unwilling to serve. Pray for a heart of a servant and that God would show you ways in which to serve others.
Key Scriptures: Luke 22:27; John 13:1-38; 1st Peter 4:10-11